

# Sewa Sandesh

**July: A Month of Joy, Joining Hands and Journeys of Change**

## Editors Note

***Seeds of Change: Small Acts, Lasting Impact***

***Namaskar Sewa Parivar,***

In a world that often measures progress in grand milestones, we at Sewa International continue to believe in the extraordinary power of small, consistent acts of service. This edition of Sewa Sandesh is a testament to that belief and is also a reflection of how compassion becomes a force that transforms lives, when practiced at the grassroots

From the quiet border villages of Jammu & Kashmir to the bustling slums near Signature Bridge, and from the green slopes of Uttarakhand to the arid stretches of Kutch, each story in this newsletter is a seed of hope planted with care. Whether it's a school kit gifted, a tree planted, a menstrual health session conducted, or a campaign launched to support children's dreams- each initiative carries within it the promise of a better tomorrow.

As you read through these pages, may you feel inspired by the ripple effect that simple acts of kindness can create. And may you be reminded that real change doesn't always start with scale- sometimes, it begins with a single step, a small spark, or a silent prayer answered through sewa.

In service and spirit,



**Jineshlal R.V.**  
Executive Director  
Sewa International

## Lighting Dreams in Border Villages: School Kit Distribution in R.S. Pura, J&K



In the border village of R.S. Pura, where uncertainty is a daily reality, 95 school kits were distributed to children from economically vulnerable families. This initiative, led by Sewa International in collaboration with Sewa Bharti Jammu & Kashmir, aimed to ensure that children like Viraj, a Class 8 student with big dreams but limited means, are not left behind.

Covering students from LKG to Class 10, the drive served as more than just a material donation—it was a step towards restoring dignity, hope, and access to education in some of the region's most underserved communities.

This initiative brought hope and dignity to families living on the margins, reaffirming our belief in "Nar Sewa, Narayan Sewa"—serving humanity is serving the divine.





## Empowering Girls Through Menstrual Health Awareness in Kutch



In the heart of Kutch, Gujarat, over 550 adolescent girls and teachers from two schools Shree Mankuva Kedavani Mandal Sanchalit High School and Maa Ashapura English & Gujarati Medium School, came together for a conversation long kept in the shadows: menstrual health and hygiene.

Through engaging sessions, Sewa International not only broke the silence but also introduced reusable sanitary pads- a sustainable, eco-conscious alternative promoting dignity, health, and environmental care. These efforts are a step towards creating confident, informed young women who can manage their health with pride and without shame.

## Celebrating Harela with Green Deeds and Growing Hopes



In celebration of Harela Utsav, Sewa International, in collaboration with the Forest Department, conducted a plantation drive across two villages in Pokhri block, Uttarakhand. A total of 550 saplings were planted, breathing new life into the hills.

From 42 women to 98 enthusiastic community members, the collective spirit of environmental stewardship was on full display. Saplings of baaj, angu, deodar, and morpankhi now stand as symbols of hope, rooted in the promise of a greener tomorrow. Together, let's continue to sow the seeds of a sustainable and green future!

## Promoting Dignity Through Hygiene: Kit Distribution at Signature Bridge Slum



With the generous support of SEWA USA team, 200 Family Health & Hygiene Kits were distributed to underserved families living in the Signature Bridge slum area.

This initiative aimed to uplift the well-being of communities that often remain unseen, by providing essential supplies that support health, hygiene, and dignity.

Heartfelt thanks to everyone who made this act of Sewa possible.

## Perna Satra: A Journey of Inspiration with Shri Sandeep Kavishwar Ji



As part of Sewa International's ongoing effort to nurture a culture of learning and motivation within the organisation, the monthly initiative 'Perna Satra' continues to bring invaluable insights from the journeys of distinguished social leaders.

This month, we were honoured to host Shri Sandeep Kavishwar Ji (Organising Secretary- International Centre for Cultural Studies, H.Q. Delhi), whose life and work in the field of social development left a profound impact on all those present. With heartfelt stories and practical wisdom, he shared lessons from his experiences, encouraging each member of the Sewa Parivaar to stay grounded in values while striving for change.

Perna Satra serves as a platform where employees engage directly with changemakers, drawing inspiration and guidance from their real-world work in nation-building.



## Sewa Global Chapter:

### A Moment of Honour for Sewa Trinidad & Tobago



The Sewa Trinidad and Tobago team had the privilege of meeting the Honourable Prime Minister of Bharat, Shri Narendra Modi Ji- a moment of pride and inspiration for the entire Sewa Parivaar.



### Umeedon Ki Udaan: Giving Wings to Children's Dreams

At the heart of every child lies a dream- to learn, to grow, and to soar. Umeedon Ki Udaan is our newest campaign, set to go live on the Crowdera platform, dedicated to turning those dreams into reality.

[Click here to](#)

**Donate**

## Meet Sewa Parivar



**Krishan Kumar**  
(Sr. Manager- Accounts)

### • My Journey with Sewa International

I have been connected with Sewa International for last 17+ years. My journey with Sewa International has been one of the most significant chapters of my life. It has never felt like just an organisation; rather, it has become a family to me. Over the years, this space has not only honed my professional and leadership skills but also deepened my understanding of human values and inner fulfilment. I still remember our early days- when we were a small team with big dreams and boundless energy. Today, that small team has grown into a dedicated force of over 200 individuals. Witnessing this evolution has been a source of immense pride and joy. As the organisation grew, I too evolved- both in thought and in spirit.

### • What the Word 'Sewa' Means to Me

For me, Sewa is a deeply personal sentiment. It isn't about grand gestures or public praise- it's about showing up in small, consistent ways, every day. It's about staying connected to the community, caring for colleagues, and moving forward together toward a shared purpose. Sewa International has given me the space to truly live this spirit of selfless service.

### • A Recent Moment of Joy

During a recent field visit to Rajasthan, I experienced a sense of warmth and belonging among my fellow team members. What touched me the most was the ease with which I could share my thoughts, knowing they would be received with openness and without judgment.

This mutual trust and respect are, I believe, the real strength of our relationships here. Even in my personal life, the dignity, support, and happiness I have found through Sewa International have become a constant source of strength and inspiration.

**Being a part of this organisation is not just a professional engagement  
it's a soulful, human journey that I will always cherish with pride.**